

Jr/ Sr High Breakfast

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Milk choices: white 1% choc. skim strawberry when available	30	1 Choc. Bread Fruit Juice Milk	2 Chef's Choice Fruit Juice Milk	3 Rosh Hashanah Choc. Muffin/Cheese Stick Fruit Juice Milk	4 Chef's Choice Fruit Juice Milk	5 Approved free/ reduced qualifies for breakfast and lunch
6	7 Cinnamon Apple Bar Fruit Juice Milk	8 Strawberry Mini Bagel Fruit Juice Milk	9 Blueberry Smoothie Fruit Juice Milk	10 Choc. Muffin Cheese Stick Fruit Juice Milk	11 Chef's Choice Fruit Juice Milk	12 Yom Kippur This institution is an equal opportunity provider
13 For students needing special dietary accommidation contact <small>food svc dept @ 219-279-2105 ext. 24</small>	14 Columbus Day Apple Frudel Fruit Juice Milk	15 Peach Yogurt Smoothie/Grain Fruit Juice Milk	16 Boss's Day Apple Cinn. Bar Fruit Juice Milk	17 Blueberry Muffin Cheese Stick Fruit Juice Milk	18 Chef's Choice Fruit Juice Milk	19 Sweetest Day Free/reduce applications available in office
20 Menu subject to change due to weather delevery or shortage	21 Mini Cinnis Carmel Fruit Juice Milk	22 eLearning Day	23 Pizza Bagel Cheese Stick Fruit Juice Milk	24 FALL BREAK	25 FALL BREAK	26 Breakfast is served in cafeteria M-F 7:45-8:10 while school is in session 1.45 .30 reduced Free
27	28 FALL BREAK	29 Choc. Bread Fruit Juice Milk	30 Blueberry Loaf Cheese Stick Fruit Juice Milk	31 Halloween Choc. Muffin Cheese Stick Fruit Juice Milk	1 Chef's Chefs Fruit Juice Milk	2 Adults 2.60
3 Daylight Saving	4	Note Leaf changes Almanac Leaves can start changing colors in mid Sept in the states out West. New England States & Pacific Northwest should be at their peak color by Oct 11. Blue Ridge mountains in the South usually by Mid Oct.				